



Photo by Tech. Sgt. Julie Briden-Garcia

Enlightening moment

Staff Sgt. Darrin Roschewski, 509th Civil Engineer Squadron, checks a replaced photo cell in a street lamp in front of the 509th Bomb Wing headquarters. The civil engineers change lamp bulbs and photo cells numerous times throughout the month due to wear and tear.

CFC kicks off Wednesday

By Master Sgt. Dee Ann Poole
Public Affairs

The annual Combined Federal Campaign begins here Wednesday and ends Oct. 19. This year's wing goal is to raise \$140,000.

CFC is the only authorized solicitation of employees in the federal workplace on behalf of charitable organizations. The annual fundraising campaign helps to support a variety of health, human and other services provided by more than 2,000 charitable agencies.

"The CFC catalog lists charitable organizations ranging

from the American Red Cross to the Young Men's Christian Association of America. This single campaign is the most cost-efficient fundraising method," said 2nd Lt. Darice Kiefer, Whiteman's CFC project officer.

"It succeeds because volunteers from the federal workforce combine their resources for one coordinated appeal. You can choose up to five charitable organizations and donate either through a one-time gift or a monthly payroll deduction," said 1st Lt. Beth Robinson, Whiteman CFC project officer.

See CFC, Page 3

NORI Countdown: 34 days

News in Brief

509th MUNS wins award

The 509th Munitions Squadron won the Secretary of Defense Maintenance Award for 2004 in the small category.



Annually, the Secretary of Defense Maintenance Awards Program recognizes outstanding achievements in military equipment and weapon systems maintenance by field-level organizations of the military services.

POW/MIA ceremony set

A Prisoners of War and Missing in Action recognition ceremony begins at 4 p.m. today at the wing headquarters building. A 24-hour vigil run also takes place throughout the day at the Skelton Park running track.



Retiree Appreciation Day scheduled

The annual Retiree Appreciation Day takes place 7 a.m.-1 p.m. Saturday with activities at Mission's End and ending with a base tour.

For security reasons, attendees must have a valid military ID card or be accompanied by someone who has one. For questions, call the retiree activities office at 800-303-5608.

Case lot sale planned

The commissary hosts its semi-annual case lot sale 9 a.m.-5 p.m. Saturday and 11 a.m.-5 p.m. Sunday. For more details, call the commissary at 687-5655.

Enlisted Tier Call directed

Chief Master Sgt. Vicki Orcutt, 509th Bomb Wing command chief master sergeant, holds an Enlisted Tier Call Tuesday at the base theater. The times are:

Airman	7:30 a.m.
NCOs	10 a.m.
Senior NCOs	1 p.m.
Mid-shift enlisted all-call	8 p.m.

Mizzou honors military members

University of Missouri hosts a military appreciation event Nov. 6 against Kansas State. Game time has not been determined, but a tailgate party before the game will provide free food and prizes for ticket holders. Tickets cost \$12, and must be pre-purchased and picked up through first sergeants.

Commander's Corner

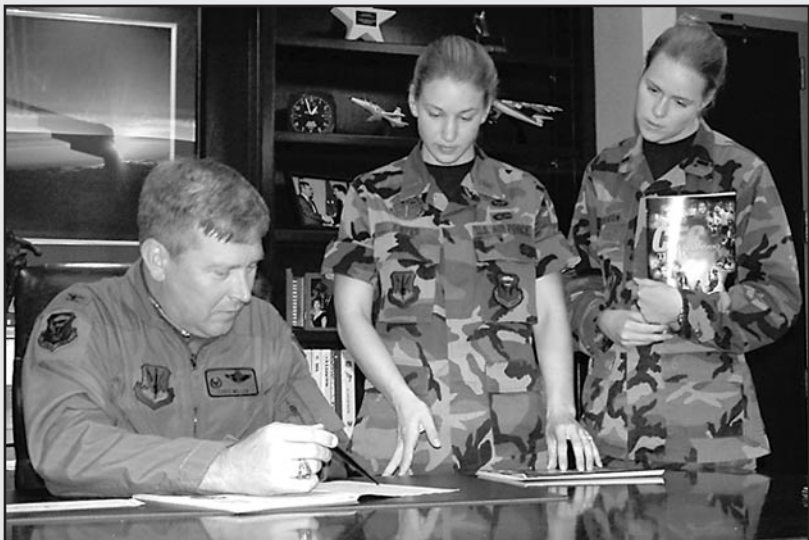


Photo by Staff Sgt. Francesca Popp

Col. Chris Miller, 509th Bomb Wing commander, reviews his Combined Federal Campaign form with 2nd Lt. Darice Kiefer and 1st Lt. Beth Robinson before signing his donation form. Lieutenants Kiefer and Robinson are the base CFC representatives.

By Col. Chris Miller

509th Bomb Wing Commander

POW/MIA Day — Today concludes Whiteman's observance of POW/MIA Recognition Day. Beginning with a vigil run yesterday, we reflect on our nation's pledge to locate and identify 88,000 American military people still missing from World War II to the present.

As a nation, we are committed to resolving POW/MIA cases, regardless of time, cost, or distance involved. As part of DoD's effort, the AF is working to account for the 1,600 AF POWs/MIAs unaccounted for since the Korean War, keeping families of AF POWs/MIAs updated, and working to recover all Americans participating in current operations who may be missing or held prisoner.

My hat's off to the many members of the Whiteman team whose hard work helps honor these POW/MIA patriots and their families.

NCO Induction Ceremony — Thanks, too, to the members of Tier Two who organized the first NCO Induction Ceremony at Whiteman in eight years. I was TDY and had to miss it — but have heard positive feedback. There are few things more important than marking the transition of senior airmen into the NCO corps.

To all the inductees — congratulations and best wishes for success as supervisors and future leaders of the world's best NCO corps!

Combined Federal Campaign — The CFC kicks off on Wednesday and it offers each of us a simple way to share what we have with those less fortunate. Whether or not you donate and what you give is a personal choice, but I've asked our unit CFC reps to make sure they contact you and give you the information you need to make your decision. CFC is a chance to make a difference in someone else's life and to choose how you do it — something we as Americans do very well.

Retiree Appreciation Day Welcome to our community military retirees, who will be visiting on Saturday! We welcome you and value your service to the nation — you're always part of the Air Force family and we're looking forward to a good day of briefings and information.

Good Exercise — This week's NORE was tough — lots of challenges to overcome, but 509ers kept focused and worked them hard together. I'm proud of the serious, professional way you all approached this exercise. Lock in those lessons-learned — we'll be ready for the IG, but more importantly, we're more ready to accomplish one of our key missions. Thanks for your hard work!

Effective leadership: empowering your people

By Capt. Jocelyn Southerland

509th Maintenance Squadron

During the seven years I've been on active duty, I've been fortunate to spend time as a member of the operations, mission support and maintenance groups.

I have seen and worked with multiple commanders and supervisors, many of whom have had very distinct leadership styles. And while each leader was effective, I found some to be more effective than others.

By definition, Webster states that to lead is to "direct by influence" or to "show the way as by going before" and that a leader is "the guiding head."

There are so many leadership styles, but a few have clearly stuck out in my mind. I've seen leaders take a directive leadership approach, letting their subordinates know what they wanted done and exactly how to accomplish it. These leaders allowed little room for individual initiative and there was little or no discussion on how to achieve the desired outcome.

Other leaders gave less direction, but still expected the goals to be accomplished in a specific way. If the goals weren't accomplished in that specific way, the leaders would step in to ensure the goals were met in the manner they wanted them to be. Subordinates assumed they had done



Photo by Staff Sgt. Francesca Popp

Capt. Jocelyn Southerland and Staff Sgt. William Hensley, 509th Maintenance Squadron, review the squadron fitness program metrics.

something wrong even though they were accomplishing the goal.

The most effective leaders are those who give clear guidance on what to accomplish and then empower their subordinates to accomplish those goals in their own

way.

Empowered people receive clear guidance on the intended outcome and the means to achieve that outcome. The effective leader then watches and waits to see if their subordinates need help, not to micro-

manage, but to step in with their experience when they're needed. Those leaders encourage their subordinates to develop their own ideas.

Airmen have gone through rigorous training in a specialty. The government has dedicated time and money to ensure each is competent in their duties before sending them to operational units. Once they arrive, they continue to be mentored and guided by more experienced members.

Effective leaders know this and understand that for subordinates to grow and become more effective leaders, they must be given the opportunity to think and develop their own solutions.

I believe the majority of people want to succeed. They come to work each day with the desire to do the best they can. There will always be exceptions, but people want to achieve and be recognized for their hard work and success.

Leaders hold their positions for a relatively short time, and then it's time for another to take their place. Subordinates must be given the chance to think and come up with their own solutions. Empowerment is key to learning and growth no matter what level we are at. We must allow our subordinates the opportunity to think for themselves, come up with their own initiatives and grow to be the next generation of leaders.

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The deadline for article submissions to the *Whiteman Spirit* is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submission doesn't guarantee publication.

For more information, call the *Whiteman Spirit* office at 687-6133, fax us at 687-7948, e-mail: whiteman.spirit@whiteman.AF.mil or write to us at:

509th BW/PA, 509 Spirit Blvd. Ste. 111
Whiteman AFB, Mo. 65305



POW/MIA vigil ends with 4 p.m. ceremony today

The Prisoner of War and Missing in Action vigil run began at 4 p.m. Thursday and ends at 4 p.m. today at Bldg. 509.

Volunteers from each unit are needed to fill the time slots. Water will be provided and lights will be on during the night.

Today's run times and units are:

6 a.m.	509th Contracting Squadron
7 a.m.	509th Comptroller Squadron
8 a.m.	72nd Test and Evaluation Squadron
9 a.m.	509th Logistics Readiness Squadron

10 a.m.

11 a.m.

Noon

1 p.m.

2 p.m.

3 p.m.

4 p.m.

ness Squadron
509th Mission Support Squadron
509th Operations Support Squadron
509th Services Squadron
509th Communications Squadron
509th Maintenance Operations Squadron
First-Term Airmen Center
Ceremony at the 509th Bomb Wing, Bldg. 509

CFC, continued from Page 1

Unit CFC representatives will distribute donation cards and catalogs Wednesday. For more details, call your unit CFC representative.

This year's unit CFC representatives are:

Name	Unit
2nd Lt. Jennifer Pickett	509th BW
A1C Sharath Chandra	509th BW
2nd Lt. Tom Hamlyn	509th OG
2nd Lt. Justin Leifeld	325th BS
2nd Lt. Phyllis Pelky	393rd BS
2nd Lt. William Dye	394th CTS
2nd Lt. Evan Schonour	509th OSS
2nd Lt. Sean McConnell	509th OSS
1st Lt. Kevin Hunt	509th MXG
MSgt. Angela Catchings	509th AMXS
2nd Lt. Darice Keifer	509th MXS
SMSgt. Wesley Maxwell	509th MOS



MSgt. Arthur Chesley
1st Lt. Nate Hogan
MSgt. Giles Silver

509th MUNS
509th MSG
509th LRS

Sra. Shelton Watson
MSgt. Eric Dannenberg
TSgt. Gordon Severs
MSgt. Marcus Gray
1st Lt. Rosanna Wadkins
SSgt. Brian Mosley
2nd Lt. Josh Methe
Maj. Charlene Reith
2nd Lt. Phillip Oliphant
SSgt. Jennifer Baty
SrA. Amber Euman
2nd Lt. Jeff Hendricks
2nd Lt. William Dye
2nd Lt. Jeff Hendricks
TSgt. Douglas Clifton
Capt. Robert Fritts
1st Lt. Derrick Jennings

509th CONS
509th CES
509th MSS
509th MSS
509th SVS
509th CS
509th SFS
509th MedGp
509th MDSS
509th MDOS
Det. 5, 29th TSS
72nd TES
Det. 12, ACC TRSS
715th WPS
Det. 6, 372nd TRS
442nd FW
WAASF-MoARNG

Happy Birthday

U.S. Air Force

The Department of the Air Force was born Sept. 18, 1947 when the first Secretary of the Air Force, W. Stuart Symington was sworn in and the U.S. Army transferred over all air activities.

Air Force News Service

Celebrate the Air Force's 57th birthday at 5 p.m. today at Mission's End. Free cake and punch will be served.

18 graduate NCO Academy

Eighteen technical sergeants graduated from the NCO Academy Sept. 9 at Keesler Air Force Base, Miss.

Tech. Sgts. Christopher Littrell, 509th Bomb Wing, and James Meyer, 509th Maintenance Group, each earned the Distinguished Graduate Award.

Other graduates are:

James Fuenfgeld and Lawrence Wilhelm, 509th Maintenance Squadron; Paul Hogan, Kenneth Hursh, Kevin Richmond and Michael Wright, 509th Aircraft Maintenance Squadron; Brian Low-

ers, 509th Operations Support Squadron;

Dagny Dewitt, 509th Logistics Readiness

Squadron; Matthew Natali,

509th MXG; Gearold

Crouse, 509th Civil Engi-

neer Squadron; Heather

Sells, 509th Munitions

Squadron; Kari Miller, 509th

Mission Support Group;

Todd Hults, 509th Medical

Support Squadron; Randolph

Wyatt, 509th Security Forces

Squadron; William

Everett, Det. 6, 372nd

Training Squadron; Christopher Edsall,

72nd Test and Evaluation Squadron.



Photo by Airman Jason Burton

DWI-free

Master Sgts. Scott James and Steve Hertig, Senior Master Sgt. Ken Wallace and Maj. Bruce Bartholomew, 509th Logistics Readiness Squadron, stand by their marker signifying the 509th LRS being DWI-free for the past six months. With more than 300 members, LRS is the largest recognized squadron on the board.

This space is reserved for advertisements



Photo by Staff Sgt. Francesca Popp

Staff Sgt. Lisa Wilkins, 509th Logistics Readiness Squadron, issues an airline tickets to a customer. She is the NCO in charge of passenger travel in the traffic management office.

Hurricane Ivan impact moves

Air Force issues stop movement to Gulf Coast region bases

RANDOLPH AIR FORCE BASE, Texas (AFPN) — Air Force officials issued a “stop-movement” order for people permanently moving to or transiting Eglin Air Force Base, Fla., or Keesler AFB, Miss., based on the probability that Hurricane Ivan will affect the area.

Those bases now join Florida’s Tyndall AFB and Hurlburt Field that received the orders to their respective locations Sept. 13.

This order also effects any duty location serviced by either base’s respective military personnel flight.

Such an order precludes people from moving into a hazardous area — in this case, a natural disaster — which would potentially put them in harm’s way, Air Force Personnel Center officials here said.

It also allows frees up resources, such as facilities, in case they are needed in the aftermath of the disaster.

A stop-movement order also means people permanently leaving either installation will have their departures delayed.

Those heading permanently or temporarily to either location who have not yet departed their current duty station should remain at that station until further guidance is given, officials said.

People who have already departed should immediately contact their previous military personnel flight for instructions, officials said. Those who have already departed from an overseas location should contact the nearest installation’s MPF for instructions.



Photo by Tech. Sgt. Dave Hodges

On my honor

With nothing but positive comments from attendees and base leadership, the first NCO induction ceremony held here in eight years inducted 80 new members. Chief Master Sgt. Vicki Orcutt, 509th Bomb Wing command chief master sergeant, read the NCO oath to Whiteman staff sergeant selectees during the Sept. 10 induction ceremony.



Photo by Staff Sgt. Francesca Popp

Master Sgt. Gary Bolton, 509th Maintenance Squadron first sergeant, reviews the family care plan with several squadron members.

1st Sergeant's View

(Editor's note — The 1st Sergeant's View gives Whiteman first sergeants a chance to remind people of correct uniform wear, customs and courtesies and proper military decorum. Each week, a different first sergeant will share their view.)

By Master Sgt. Gary Bolton
509th Aircraft Maintenance Squadron
First Sergeant

The expression "take care of one another" is truer in the Air Force than anywhere else. We take care of one another better than any company in the world.

For example, if a family needs food, we collect it or take the family to the food pantry. If a troop needs emergency car repairs, we take the person to the Air Force Aid Society. When a troop loses possessions in a fire or natural disaster, we collect money, household goods, whatever they may need, we definitely take care of our own.

So, why is it when we see friends or co-workers who could have a problem with alcohol, we do nothing about it until something bad happens? Recently, we've had numerous DUIs and underage drink-

ing incidents in the 509th Bomb Wing.

As a family, we could have possibly prevented a number of these, but no one wanted to be the so called "narc," who told on a buddy and got them into trouble.

If you have a friend who is drinking a lot, or drinking underage, the person may have a bigger problem — finances, personal, legal, etc. If you do nothing, the problem is compounded. If you tell the person to get help or tell someone else, the person may get the necessary help. This could be through the life skills center, the Alcohol Drug Abuse Prevention and Treatment program, etc.

These programs could help get the person through a tough situation and remain a productive member of the Air Force.

The bottom line in deciding whether you should say anything about a friend or co-worker whom you believe has a problem is: Do you want to help the person and possibly cause them a little pain and embarrassment? Or do you want to see the person in a lot of trouble or worse — and then live with the fact that you could have helped?

Take care of one another and make the right call.

Chapel Corner

Catholic

Eucharist (mass) — 11:30 a.m. Tuesdays through Fridays; 5 p.m. Saturdays; and 9 a.m. Sundays

Reconciliation — After mass and upon request

Religious Education — 10:45 a.m. Sundays at the base education and training center

Protestant

General worship — 11 a.m. Sundays

Gospel — 1 p.m. Sundays

Sunday School — 9:30 a.m. Sundays



Additional worship opportunities are offered through various lay councils, organizations and activities. For more information, call 687-3652.

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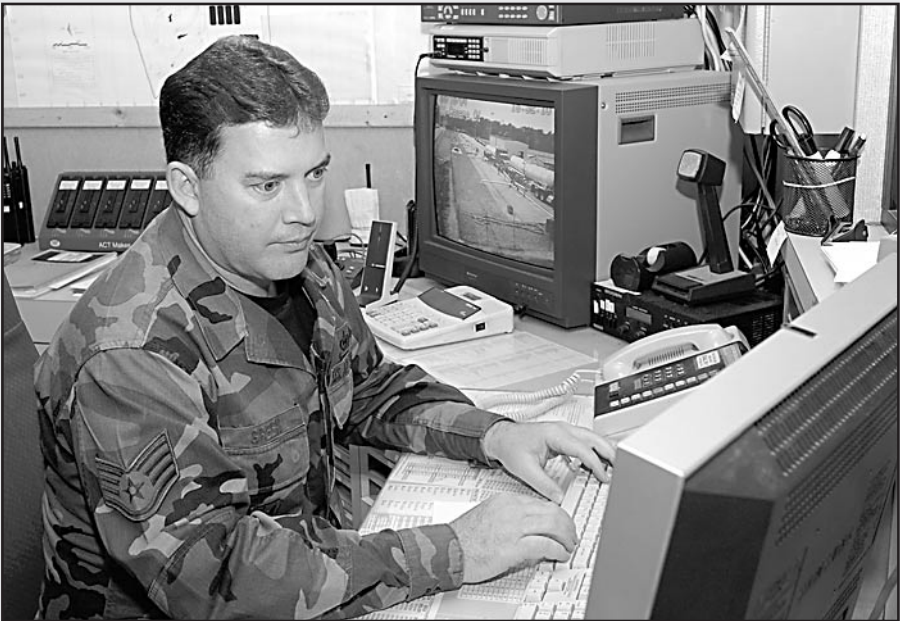


Photo by Airman 1st Class Ryan Wilson

Online gas

Staff Sergeant Daniel Green, 509th Logistics Readiness Squadron fuels resource control center controller, monitors flight line fuel operations. Sergeant Green and his 11-member staff ensure all base and transient aircraft fuels operations flows smoothly.

Advertise
in the
Whiteman Spirit

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Spotlight on Justice

In August, eight people received an Article 15 and four were discharged.

Articles 15

A staff sergeant from the 509th Logistics Readiness Squadron received an Article 15 for disobeying an NCO. The punishment was reduction to senior airman and 30 days extra duty.

An airman first class from the 509th Maintenance Operations Squadron received an Article 15 for failure to go and making a false official statement. The punishment was a suspended reduction to Airman and restriction to base for 30 days.

An airman first class from the 509th Maintenance Squadron received an Article 15 for fraudulent enlistment. The punishment was a reduction to airman.

An airman from the 509th Security Forces Squadron received an Article 15 for fraudulent enlistment and signing a false official statement. The punishment was reduction to airman basic, suspended forfeiture of \$250 pay, 14 days extra duty and restriction to base for 14 days.

An airman first class from the 509th SFS received an Article 15 for failure to obey a lawful order and for sleeping while on post. The punishment was reduction to airman, suspended forfeiture of \$295 pay and 14 days extra duty.

An airman first class from the 509th SFS received an Article 15 for assault and battery. The punishment was forfeiture of \$100 pay and seven days extra duty.

An airman first class from the 509th SFS received an Article 15 for misbehavior of a sentinel. The punishment was forfei-



ture of \$345 pay, 14 days extra duty and a reprimand.

A senior airman from the 509th SFS received an Article 15 for drunk driving. The punishment was a reduction to airman first class.

Discharges

An airman first class from the 509th CS received a general discharge for minor disciplinary infractions.

A senior airman from the 509th LRS received an honorable discharge for failing to attend Alcohol and Drug Abuse Prevention Treatment.

An airman first class from the 509th OSS received an under other than honorable conditions discharge for a pattern of misconduct.

An airman basic from the 509th SFS received an honorable discharge for fraudulent enlistment.



Sortie board



Monthly

Fiscal year

	B-2	A-10	T-38		B-2	A-10	T-38
Goal	276.2	333.0	253.5	Goal	6,497.8	4,270.0	4,200.0
Flown	149.3	199.2	171.5	Flown	6,354.7	4,136.2	4,095.8

Information current as of Wednesday

Information for the Sortie Board is provided by the 509th Operations Support Squadron and 303rd Fighter Squadron scheduling and documentation offices.

*Service
before
self*

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Transition to the new Tricare West Region

Region 7/8 (Central) Tricare beneficiaries will transition to the Tricare West Region Oct. 1. The central area includes Arizona, Colorado, Iowa, Idaho, Kansas, Minnesota, Missouri, Montana, North Dakota, Nebraska, New Mexico, Nevada, South Dakota, Utah, Wyoming and Central Texas.

“TriWest will continue as our regional contractor providing health care services and support in the Tricare West Region,” said Tech. Sgt. Sherry Odett, 509th Medical Group. “Under the new contract, Tricare beneficiaries can expect improved customer service, easier access to care and a reduced need for transferring enrollment when moving.

“This transition will not change Tricare benefits and costs or your choice on choosing your provider,” she said.

Customers will receive a welcome letter and a beneficiary handbook.

For details about Tricare benefits and programs, call TriWest at 888-TriWest (874-9378).



Beginning Oct. 1, the TriWest appointment phone number will be 866-427-6606.

The primary care manager on-call number is 800-334-2958 or 687-2188.

Tricare Management Activity National toll-free numbers are available 8 a.m.-8 p.m. weekdays Eastern time,

except on federal holidays. The numbers are:

Tricare for Life	888-363-5433
Tricare Prime Remote	888-363-2273
Tricare Pharmacy Program	877-363-6337
Tricare Mail-Order Pharmacy (Express Scripts)	866-363-8667

Other national toll-free numbers are:

Tricare Retiree Dental Program	888-838-8737
Tricare Dental Program — United Concordia	800-866-8499

Defense Enrollment Eligibility Reporting System	800-538-9552
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Active Duty Claims (MMSO)	888-647-6676
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Tricare Online	800-538-9552
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Beneficiaries can visit the Tricare Web site at <http://www.tricareonline.com> for healthcare information or the Tricare Web site at <http://www.tricare.osd.mil> for benefit information. (Courtesy of the 509th Medical Group)

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Whiteman Spirit Award



Staff Sgt. Jessica Hill
509th Medical Support Squadron

Staff Sgt. Jessica Hill, 509th Medical Support Squadron, received the Whiteman Spirit Award from Col. Chris Miller, 509th Bomb Wing commander, Monday.

Retired Senior Master Sgt. Michael Dick nominated Sergeant Hill for this award for giving exceptional customer service.

During a recent visit to the pharmacy, Mr. Dick told the pharmacy technician that his wife was disabled from a stroke and can't remove the childproof tops from her medicine containers. Sergeant Hill explained how to open the tops, so they are no longer childproof and can be opened easily by anyone.

"This now simple task has increased my wife's independence and helped motivate her to continue to overcome her disability," he said. "I'm no longer concerned about her not taking her medications when I'm not at home. Even something this minor improves her quality of life, and in turn, mine."

"I'm extremely grateful to Sergeant Hill for her concern and caring."

I feel she exemplifies not only the Whiteman spirit, but also the compassion-

ate care of all the professionals at the Whiteman clinic," Mr. Dick said.

Personally Speaking

Duty title: Pharmacy craftsman

Time on station: 2 years, 1 month

Time in service: 5 years, 8 months

Hometown: Winona, Minn.

Spouse: Staff Sgt. Marco Hill, 509th Security Forces Squadron

Hobbies: Going to gym, schoolwork and watching the Vikings win.

Goals: To complete my master's degree and be selected for the Medical Service Corp for commissioning.

Best thing about Whiteman: The family environment.

Pet Peeves: People who complain about working too much and have no idea how good they have it.

What motivates your winning spirit? Knowing people appreciate my hard work and my family motivates me.

If you could change one thing about Whiteman, what would it be? Not as many taskings from certain sections, I can't satisfy my patient's expectations with only half of the medical staff all the time.

Submitting a Whiteman Spirit Award

Individuals are nominated from within their units or by customers impressed by the individual making Whiteman a better place to live and work by going far beyond his or her assigned duties to "make it happen."

If you know someone who has the Whiteman Spirit, send the nomination to the 509th Bomb Wing Public Affairs Office, Bldg. 509, Suite 111, or e-mail whiteman.spirit@whiteman.AF.mil.

Submitting

CIVILIAN

EMPLOYEE

of the

WEEK



Thank you

To nominate a civilian employee, send an e-mail to whiteman.spirit@whiteman.af.mil.

Be sure to include why this person is being nominated.

Under construction



(Left) An employee from Weis Builders Incorporated works on a whole-house renovation in Woodview. Since January, 66 houses have been completely renovated. Whiteman will have 144 renovated and 462 new housing units upon completion of the demolition, replacement and renovation projects. Right: A Weis Builders Incorporated employee completes a whole-house renovation in Woodview.



Courtesy photo



This house at Mountain Home Air Force Base, Idaho, is the same design that will be used at Whiteman.



Interior photos of the prototype home at Mountain Home Air Force Base, Idaho.



Whiteman receives million-dollar facelift

By Melissa Klinkner
Public Affairs

Housing

Whiteman is receiving a quality-of-life facelift. Since 2003, the housing program has received \$72.5 million for whole-house renovation and new homes. The program began in 2002 when Whiteman started demolishing, rebuilding and renovating housing to comply with Department of Defense standards that go into effect in 2007, said Mary Beth Wilcoxon, 509th Civil Engineer Squadron base planner.

By December 2007, the Midland area will be an administrative area. The streets that will be impacted by this transition include Ellsworth Lane, Forbes Street, Minuteman Drive, Dow Lane and Houx Drive.

"Currently, sub-standard houses are being demolished in the Midland area. People can see the beginnings of the projects on the corner of Spirit Boulevard and Ellsworth," Mrs. Wilcoxon said.

In phases, 729 demolished houses will be replaced with new homes in the Ridgeview area, built on purchased land on the southwest portion of the base between Skelton Park and Highway 23. The first homes to be demolished are located on Ellsworth and Forbes.

New and renovated housing will be more comfortable for the residents, including having two stories, garages, porches, an additional bathroom and a more open layout.

"We're excited to have the new homes because the majority of existing homes at Whiteman were built in the 1950s and '60s," Mrs. Wilcoxon said.

Education center

Currently, many related functions at Whiteman are spread inconveniently across the base in aging and inadequate facilities.

"These facilities house some of the most important quality-of-life and educational functions for our Airmen, yet are some of the most rundown facilities maintained at Whiteman," said Randy White, 509th CES Engineering Flight chief.

The anticipated \$11.6 million education center will combine six facilities under one roof, creating a campus-like feel and becoming the cornerstone of Whiteman's administrative area.

The facilities are:

- ✓ Base education and training center

- ✓ Professional development center
- ✓ Airman leadership school
- ✓ First-Term Airmen Center
- ✓ Library
- ✓ Base computer lab

The entrance to the building will showcase a "heritage hall" to display objects of Whiteman's history and accomplishments.

The education center will be handicap accessible and include an elevator to travel between two stories, contain a modern biology and chemistry lab, a 150-seat auditorium and provide ample parking.

"Whiteman again is setting the standard for Air Combat Command because this state-of-the-art design will be the new model for other bases," Mrs. Wilcoxon said.

Child development center

The child development center will be located on Houx and Ellsworth. It will have 22,604 square feet, an increase of more than 3,000 square feet. It will cost \$7.7 million.

There will be two infant rooms, two pre-toddler rooms four toddler rooms, and four pre-school rooms to reduce waiting lists.

Key features include:

- ✓ Covered walkway to the entrance,
- ✓ Larger rooms with more storage space and more natural lighting,
- ✓ Direct access from each room to an age-appropriate playground and
- ✓ Collocated with the family day care office.

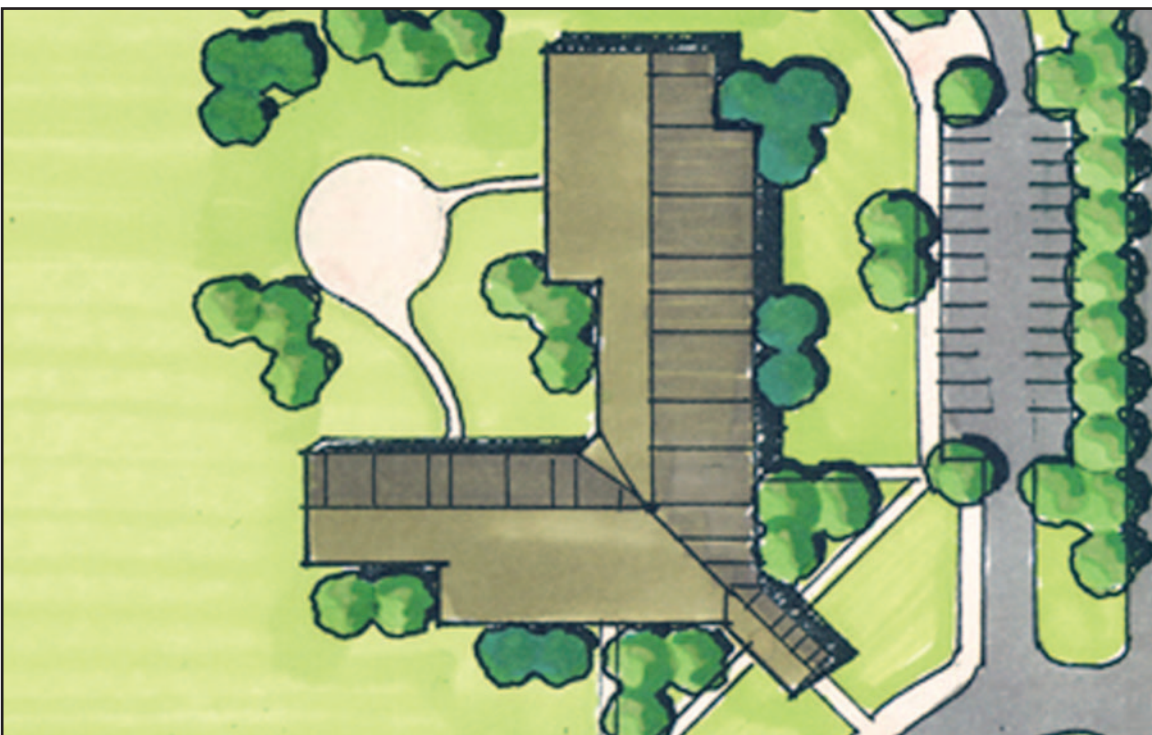
"These are exciting times at Whiteman Air Force Base — new housing, day care, library and a professional development center are just a few of the upcoming quality-of-life improvements Whiteman will see in the next few years," said Chief Master Sgt. Vicki Orcutt, 509th Bomb Wing command chief master sergeant.

"Quality of life plays an important part in our military members' decisions to remain in the Air Force. These improvements will not only enhance our members' quality of life but their families as well," she said. "As Whiteman continues to see at a minimum 10 percent of its military members deployed at any given time, we need to ensure quality facilities are provided for our family members.

"Good housing and day care are essential and providing these types of quality-of-life improvements make it easier for our members to focus on the mission and come home safe and sound," Chief Orcutt said.



An artist's rendition shows the new location and plan of the education center, projected to be completed in 2006.



An artist's drawing shows the future location and plan for the new child development center, projected to be funded by the end of December and located on Houx Drive and Ellsworth Lane.

FY	Program	\$Millions	Notes
2002	Renovation	\$18	134 homes
2003	Replacement	\$13.1	70 homes
2003	Replacement	\$4	22 homes
2004	Replacement	\$18.3	84 homes
2005	Replacement	\$37.1	160 homes
2006	Replacement	\$28	111 homes
2007	Replacement	\$30	95 homes



Photo by Tech. Sgt. Julie Briden-Garcia

Just a pint

Tech. Sgt. Kevin Decker, 509th Logistics Readiness Squadron, gives blood Thursday during the American Red Cross blood drive at the community center. The blood drive continues noon-6 p.m. today at the community center. The Missouri-Illinois ARC Blood Services Center currently has a one-day supply of blood. Officials said a five-day supply is ideal. Some blood collected during this drive will be sent to the Gulf Coast to help support Hurricane Ivan victims.

Planning for civilian retirement takes time

RANDOLPH AIR FORCE BASE, Texas — As the number of retirement eligible Air Force civilian employees is expected to double by 2009; officials are encouraging them to begin retirement planning early.

Potential retirees are encouraged to obtain an estimate of retirement pay via the Benefits and Entitlements Service Team Web-based Employee Benefits Information System or automated phone system. Information on benefits and planning is also available.

“Employees should contact BEST at least one year before retirement to receive one-on-one counseling over the phone,” said Ms. Janet Thomas, a human resources specialist with Air Force Personnel Center. “Individual employee information is available to BEST benefits counselors who are able to cover issues from health insurance to options for withdrawal of Thrift Savings Plan accounts.”

Those ready to retire should submit their retirement applications to BEST 90 to 120 days before the effective date of retirement, according to Ms. Thomas.

During the process, the potential retirees receive three letters to keep them updated on the status of their application. The first letter acknowledges receipt of the application and the second notifies the employee of his or her eligibility to retire. The third letter is notification that the retirement application has been sent to the servicing payroll office.

The final stop for the retirement application is the Office of Personnel Management, where the retirement is finalized and retirement payments are started.

Civilian appropriated-fund employees serviced by BEST can obtain additional information on retirement at <http://www.afpc.randolph.af.mil/dpc/best/retiring.htm>.

For more information, BEST benefits counselors are available weekdays from 7 a.m.-6 p.m. Central Time. Employees located in the United States can call toll-free 800-616-3775 (press 2, then 2 again, and follow the prompts). Overseas employees will first dial a toll-free AT&T direct access number for the country they are in, then 800-997-2378.

Hearing impaired employees can call TDD 800-382-0893, or commercial 210-565-2276 if located within the San Antonio area.

Employees located at the Pentagon, Air Logistics Centers, and U.S. Air Forces in Europe bases should contact local civilian personnel offices for retirement counseling and processing information.



America's Air Force —

No one comes close



This space is reserved for advertisements



Photo by Army Staff Sgt. Andy Thaggard

Helping hands

SOUTHWEST ASIA — Capt. Peter Lex helps build a baggage palette while in transit at a base in the region. The Minneapolis, Minn., native is a member of the 509th Security Forces Squadron at Whiteman Air Force Base, Mo. He is one of many 509ers supporting Operation Iraqi Freedom on a 179-day rotation. This is his first rotation into Iraq.

Airmen Against Drunk Driving

For a ride call

687-RIDE

or toll-free

877-518-6802

This space is reserved for advertisements

Menus

Knob Noster Elementary School

Monday: Chicken and noodles, peas, fruit cocktail and a cookie
Tuesday: Bean burrito, salad, peaches and pie
Wednesday: Chicken patty, mashed potatoes, carrots, grapes and a roll
Thursday: Lasagna roll-up, green beans, pineapple and cake
Sept. 24: Cheeseburger, french fries, salad and pears

Whiteman Elementary School

Monday: Corn dog nuggets, salad, fruit and a cookie
Tuesday: Chicken patty on bun, french fries, salad and jello with fruit
Wednesday: Salisbury steak, mashed potatoes with gravy, peas and carrots, fruit and a roll
Thursday: Hot dog, potato wedges, fruit and cake
Sept. 24: Pizza, salad, corn and fruit cobbler

The Whiteman Spirit wants to feature you.

Do you, or does someone you know, have a story idea you'd like to see in the paper?
Let our staff know about it.
For more information, call 687-6133 or e-mail
whiteman.spirit@whiteman.af.mil.

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Education

For more details, visit the education center Web site at
<https://wwwmil.whiteman.af.mil/509mss/educ/home-page.htm>

VFW offers scholarship

The Veterans' Tribute Scholarship is available to 16- to 18-year-old children and grandchildren of military veterans, active-duty, reserve and National Guard members.

First place is \$10,000, second place is \$5,000 and third place receives \$3,000. Awards are given to entrants based on points from their personal academic achievement, family Veterans of Foreign War involvement and their parents' or grandparents' military service.

Applications are available at
<http://www.vfw.org/pdf/vettribscholarentry.pdf>. Scoring sheets are available at <http://www.org/pdf/vettribscholarcoringsheet.pdf>. Applicants must complete the form, attach documents verifying the facts on the entry form and send the packet to Veteran's National Scholarship, VFW National Headquarters, 406 W. 34th St., Suite 902, Kansas City, Mo., 64111. The deadline is Dec. 31.

Community

WESC schedules events

✓ The Whiteman Enlisted Spouses Club membership drive begins at 7 p.m. today at the family support center. Participants will play Bunco and attendees should bring a \$10 gift and snack. For more details or to R.S.V.P., call Jennifer Phillips at 563-4091 or e-mail her at wesc-news@charter.net.

✓ WESC's annual Fall Craft Show takes place Nov. 13 at Knob Noster High School. To rent booth space, call or e-mail Mrs. Phillips.

CGO hosts paintball games

The Company Grade Officers Association invites CGOs to paintball games 11 a.m.-5 p.m. Sept. 25 at Paint Game Plus in Holden, Mo. To R.S.V.P., call 2nd Lt. Tom Hamlyn at 687-3183.

Women's Health Fair set

A Women's Health Fair takes place 10 a.m.-4 p.m. Oct. 2 at the Warrensburg Community Center on Gay Street. The free event includes hourly educational seminars, health screenings, food demonstrations, more than 40 informational booths and vendors, and a fashion show. Free child care is also available.



Family Support

Call 687-7132 for more details on these events or other family support center activities. Events take place at the FSC.

WIC representative visits base

A WIC representative is available beginning at 8:30 a.m. Tuesday and Thursday. WIC includes nutrition education, health promotion and a supplemental food program to help women, infants and children who have nutritional needs. For more details, call the WIC office in Warrensburg at 747-2012.

Pre-deployment briefing set

A mandatory pre-deployment briefing for people who are deploying or going on a temporary duty assignment for more than 30 days begins at 1 p.m. Wednesday. Spouses are encouraged to attend. This briefing covers information about preparing for deployment and programs available to family members who are left behind.

Class helps with move

A mandatory smooth move seminar for people planning to move stateside in the near future begins at 1 p.m. Thursday. Facilitators will discuss the financial benefits associated with moving and provide a variety of useful resources. PCS orders are not necessary. Spouses are encouraged to attend. Reservations are required.

Annual Air Force Marathon nears

WRIGHT-PATTERSON AIR FORCE BASE, Ohio — The 8th annual Air Force Marathon takes place Saturday. The event also includes a half-marathon, wheelchair race, four-person relay and 5K race.

More than 30 Team Whiteman members are participating in the event. The runners are:

1st Lt. Todd Cook, 509th Communications Squadron,

Senior Airman Jennifer Dolak, 509th Civil Engineer Squadron,

Staff Sgt. Gregory Dolak, 509th Medical Operations Squadron,

1st Lt. Jason Ellis, 394th Combat Training Squadron,

Chief Master Sgt. Gary Fields, 442nd Civil Engineer Squadron,

1st Lt. Nathan Hogan, 509th CS,

1st Lt. Luke Jayne, 394th CTS,

Tech. Sgt. Michael Love, 509th CS,

Maj. Alex Mezynski, 509th Operations Support Squadron,

Capt. Craig Mockler, 394th CTS,

Maj. Bart Oaks, 509th Bomb Wing,

Senior Airman Ricky Roane, 509th CS,

Maj. Todd Berge, 394th CTS,

Capt. Jonathan Eckerman, 325th Bomb Squadron,

Capt. Britt Hatley, 509th OSS,

Maj. Sam White, 509th OSS,

Capt. Matt Brechwald, 509th BW,

Senior Airman James Edmonds, 509th Medical Support Squadron,

1st Lt. William Frost, 509th CES,

1st Lt. Andy Heo, 509th CS,

Senior Airman Kerri Kellner, 509th Medical Operations Squadron,
Airman 1st Class William Knight, 509th CES,

Christina Mitchell, 509th CS,
Airman 1st Class Brandon Pfannenstiel,

509th CES,

Senior Airman Alejandro Rodriguez, 509th CES,

Chief Master Sgt. Andres Alvarez,

509th Maintenance Squadron,

Chief Master Sgt. Roy Erickson, 509th BW,

Capt. Tyron and Hassain Wright, 509th CS,

Capt. Jerry and Lisa Brandau, 509th CS, and

Senior Airman Jon Langdon, 509th CS.

Besides traditional awards for top finishers of each race, marathon committee officials will present awards to the top finishers from each major command and to the command with the greatest participation.

"The Air Force Marathon is open to the public, but being a military marathon, we felt that we needed to increase the military base competition," said Bob Brodess, marathon director.

The course is unchanged from the past, officials said. Medals will be imprinted with the F-117 Nighthawk, this year's featured aircraft.

For more information about marathon events, visit the Air Force Marathon Web site at <http://afmarathon.wpafb.af.mil>.



Go, Fight, Win!

Above: The Knob Noster/Whiteman Panthers took on the Sedalia Redskins Saturday at Knob Noster High School. Preston Clair, No. 99, goes for a block against the opponent's ball carrier. The Redskins defeated the first and second grade football team 32-13. Preston's father is Tech. Sgt. Norman Clair, 509th Logistics Readiness Squadron. Right: Panther cheerleaders Sydney Miller, Cory Nicolson and Marissa Bierman root on their third and fourth grade football players. The team fought until the game's end, but finished short with 25-19 against the Sedalia Bears. Sydney's father is Staff Sgt. Mike Miller, 509th Operations Support Squadron. Cory's father is Master Sgt. Cory Nicolson, 509th Bomb Wing. Marissa's father is Staff Sgt. Dale Bierman, 509th Communications Squadron.



Photos by Brenda Rawlins



1st Sergeant Fall Classic Golf Tourney

This four-person scramble takes places Wednesday with a 10 a.m. check-in and an 11 a.m. shotgun start. The greens fee is \$10.

See your squadron first sergeant to sign up.

For more details, call Master Sgt. John Benson at 687-5032.



Bowling Standings

Tuesday Night Mens League (Week 1 of 34)

Team	Won	Lost
Elliot Electric	8	0
Team 10	8	0
T.N.L.	6	2
Team 6	6	2
Team 8	4	4
Warrensburg Chrysler	4	4
Team 4	2	6
Dilligas	0	8
Team 9	0	8

Wednesday Intramural League (Week 1 of 34)

Team	Won	Lost
CES A	6	2
SFS	6	2
SVS	6	2
MXS A	6	2
MUNS	6	2
MXS B	6	2
AMXS	4	4
CES B	4	4
COMM	4	4
MOS	4	4
MDG A	2	6
CPTS	2	6
OSS	2	6
MSS/BW	2	6
MDG B	2	6

The Whiteman Spirit wants to know about the game.

Do you read the sports page?

Do you own a digital camera?

Do you or does someone you know play a sport you'd like to see in the paper?

You can submit photos and information to the Whiteman Spirit.

For more information, call 687-6133 or e-mail whiteman.spirit@whiteman.af.mil.



Fitness Facts

People who exercise can ...

Strengthen Muscles:

Muscle deteriorates as we age

Strengthen the Heart:

As a muscle, the heart needs movement

Improve Circulation:

Exercise pumps more blood through body which can improve blood pressure

Improve Oxygen Use:

Exercise helps the body absorb oxygen which means people have more endurance and energy

Release Tension:

Exercise gives people a positive attitude which helps reduce stress



Services page editor.....Stacey Schindler
509th Services Squadron.....687-4386
*No federal endorsement of mentioned sponsors intended.

Sports & Recreation

Enduring Freedom run, walk & roll

A 5k walk/run begins at 9 a.m. Sept. 25 at Skelton Park and the first 50 people get a T-shirt. The event is sponsored by the community and fitness centers “in remembrance of all the people who lost their lives on Sept. 11, 2001.” A bed race begins at 10:30 a.m. Trophies will be awarded to first-, second- and third-place bed race winners. Refreshments will be provided. Call the community center or fitness center for more details and to sign up by Wednesday for this free event. Sponsored in part by Gatorade.*

Fitness Center 687-5496

Pilates class

Pilates is back! Participate in a pilates class at 9 a.m. Tuesdays and Thursdays at the fitness center. Call the fitness center for more details.

Step aerobics class

A step aerobics class begins at 5:15 p.m. Tuesdays and Fridays at the fitness center. Call the fitness center for more details.

SPINNING* across America

A spinning quarterly incentive program runs through Sept. 30. Spinning classes are available at 9 a.m. or 3:30 p.m. Mondays, Wednesdays and Fridays. Call the fitness center for more details and to sign up. Sponsored in part by Life Fitness.*

Stars & Strikes 687-5114

Retirees day

Retirees are invited to bowl 11 a.m.-3 p.m. Saturday. The special includes 50-cent games and 50-cent shoe rental, plus 30 percent off prices at the snack bar. Call Stars & Strikes for more details.

Cosmic bowling

Bowl with laser lights and music 8 p.m.-midnight Fridays and Saturdays. The special includes \$1.75 games and \$1 shoe rental. Call Stars & Strikes for more details.

Outdoor Recreation 687-5565

Rock climbing

Learn how to rock climb the 20-foot wall 9-11 a.m. Sept. 25 or Oct. 2 at outdoor recreation. Call outdoor recreation for more details and to sign up for this free class.

Boater safety class

This mandatory class involves classroom and lake activities for the intended use of rental boats with a 15-horsepower motor or more. Two sessions must be completed to qualify to rent a boat from outdoor recreation. A combined session class is available 1-5 p.m. Oct. 2. Learn Missouri state laws, rules about safety and using equipment. Spaces are limited; sign up early.

Travel & Leisure

Tickets & Travel 687-5643

Worlds of Fun special

Tickets & Travel offers Worlds of Fun tickets for \$20 until Oct. 31. Take advantage of this fall special and receive nearly half off regular ticket price. Fall special tickets are valid at Worlds of Fun Saturdays and Sundays. Contact Tickets & Travel for more information and to purchase a ticket.



Community Activities



Youth Center 687-5586

Skate day

Kindergartners through seventh graders can bring their rollerblades, skates or scooters, and skate to music 3-5 p.m. Saturday. Call the youth center for more details and sign up for this free event.

Picnic in the park

Kindergartners through seventh graders can meet at Veterans Park, across the street from security forces, for activities and a picnic 6-9 p.m. Saturday. There is a \$6 fee for members and \$7.50 fee for nonmembers. Call the youth center for more details and sign up.

Super hero fun night

Kindergartners through fourth graders can wear their favorite super hero shirt and play games for prizes 6:30-9:30 p.m. Sept. 24. There is a \$5 fee for members and \$6.50 fee for nonmembers. Call the youth center for more details, sign up begins Monday.

Open recreation

Fourth through seventh graders can play games and get help on their homework 3:15-5 p.m. weekdays, except federal holidays, at the teen center. This after-school program is free for members and \$1 for nonmembers. Call the youth center for more details.

Start smart soccer

Parents and their 3- to 5-year-olds can enjoy eight, one-hour sessions to teach their children soccer basics 1-2 p.m. Tuesdays and Thursdays beginning Oct. 5 at the youth center. This program is \$20 per parent/child team. Call the youth center for more details.

Family Child Care 687-5590/1180

Extended duty child care

Register now for the extended duty care program. It is available to help parents meet child care requirements for extra duty hours and child care emergencies. Care is provided in a contracted, licensed family child care home to augment regular care arrangements. An application must be completed before participation.

Veterinary Clinic 687-2667

Pet vaccines

The veterinary clinic provides quality animal care at affordable prices. Care includes vaccinations, heartworm testing, feline leukemia/FIV testing, fecal exams, microchipping and parasite control. Pets are seen by appointment only. Call or visit the vet clinic to make an appointment.

Skills Development Center 687-5691

Framing class

Take a beginners framing class 9 a.m.-noon Saturday at the skills development center. The \$40 fee includes supplies. Call the skills development center for more details or stop by and sign up.

Stepping stone class

Take a beginners three-session stepping stone class 10 a.m.-1 p.m. Saturdays beginning Oct. 2 at the skills development center. There is a \$35 fee plus supplies. Call the skills development center for more details or stop by to sign up.

Child Development Center 687-5588

Openings for full-time care

The child development center has care available for children 3 to 5 years old in need of full-time care. The CDC is accredited through the National Academy of Early Childhood Programs.

Drop-in care

The child development center has drop-in care 6:30 a.m.-6 p.m. on a space-available basis. Call for more details.

Community Center 687-5617

Hop n' shop

Airmen who don't have vehicles can benefit from the short hops to Sedalia or Warrensburg to shop the mini-malls and Wal-Mart* 12:30-3:30 p.m. Saturday, Oct. 2 and Oct. 16. There is a \$3 fee and it's limited to 10 passengers. Call the community center for more details and to sign up.

Kids art day

Youth 8-17 can bring their own materials and create a piece of artwork for fun, prizes and awards 2-4 p.m. Saturday at the community center. Light refreshments and popcorn will be provided. Call the community center for more details about this free event.

Teen Center 687-5819

Power hour

Teens can do homework, research and use the computer lab 3:30-4:30 p.m. Tuesdays-Thursdays at the teen center throughout the school year. Enter a drawing for a free boom box. Call the teen center for more details.

Movie night

Teens can watch a movie with their friends 8-10 p.m. today at the teen center. Popcorn is provided at this free event. Call the teen center for more details.

Think you know sports?

Bring friends and test your sports knowledge with a trivia card game 5-6 p.m. Saturday at the teen center. Call the teen center for more details and to sign up.

Hip-hop culture

Teens can analyze lyrics of popular songs and talk about slang terms influencing society trends 6-7 p.m. Sept. 24 at the teen center. Call the teen center for more details.

Library 687-5614

Cyber safety

Learn about Internet dangers and how to keep your family safe when surfing online 10-11 a.m. Sept. 30 at the base library. Call the base library for more details and to sign up by Sept. 29.



Food & Fun

Mission's End 687-4422

Karaoke

Enjoy karaoke 8 p.m.-midnight today and Sept. 24 in the Lavene Lounge at Mission's End.

NFL Sunday Ticket

Members only, the NFL Sunday Ticket begins at 11 a.m. Sundays at Mission's End. Come watch your favorite team and enjoy the food and beverages on our menu.

Whiteman Base Theater

Today and Saturday

The Manchurian Candidate 7 p.m. R
Starring — Denzel Washington & Meryl Streep

Sunday

The Village 5:30 p.m. PG-13
Starring — Judy Greer & Bryce Dallas Howard

Adults \$3 Youth \$1.50

Movie recording line 687-5110.

Movies are subject to change due to availability.

For current and future movie listings log on to
<http://www.aafes.com/ems/conus/whiteman.htm>.